



NORTH WEST GYMNASTICS ASSOCIATION

TRAMPOLINE TECHNICAL COMMITTEE

TRAMPOLINE & DMT

COMPETITION HANDBOOK

VERSION 1.2

EFFECTIVE FROM 1ST APRIL 2013

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1. VERSION HISTORY

This booklet is an addendum to the rules. All existing competition rules not covered by this document remain in force until further notice. Please refer to the current British Gymnastics Code of Points for competition rules.

The NWGATTC reserves the right to make amendments to the handbook in light of changes enforced by British Gymnastics or for any other reason. Every effort will be made to communicate the changes at least 2 weeks before a regional event. Changes will be communicated through the NWGATTC website at www.nwtrampolining.co.uk, with the updated version made available to download.

All versions will be listed on this page, with reference to any amendments made.

Version	Effective from	Amendments
1	1 January 2013	Original document
1.1	10 January 2013	P4-6. Reworded introduction. P9. New minimum age groups required for DMT. P13. Update – TRI and DMT dress codes. P15. Update – promotion offer scores for DMT. P21. Inclusion of TRI routine requirements grades C-A. P22. Inclusion of DMT pass requirements grades E-A.
1.2	1 April 2013	P7. Update – method of competition entries. P9. Update – TRI Regional D age groups. P9. Clarification – substitutions. P10. Clarification – warm ups. P16. Clarification – judging provision. P17. Update – judges & officials competition attire.

2. INTRODUCTION

1. This booklet contains information for all North West Gymnastics Association Trampoline Technical Committee (NWGATTC) competitions for 2013. Please feel free to copy this information for anyone who needs it but please ensure that you copy the entire document and not just individual pages. The organisers accept no responsibility for entries being late or sent to the wrong place due to lack of information being passed on. The NWGATTC will adopt any changes to the National Competition Structure as required, and so updates of this document will be circulated as necessary.

Venue

2. The venue for all competitions in the 2013 season will be Robin Park Arena, unless otherwise stated.

Address: Robin Park Arena, Loire Drive, Newtown, Wigan, WN5 0UH

Telephone: 01942 828550

Fax: 01942 828565

Competition dates

3. Each region is required to hold five events for individual trampolining (TRI) at Regional D and Assessments E, F & G levels. The following dates have been outlined for all competitions organised by the NWGATTC for the 2013 competition season. All entry deadlines will be at 11.59PM on the stated day.

Date	Event	Entry Deadline	Other info
Saturday 19 January 2013	Schools Northern Zonal Competition	19 December 2012	<i>By qualification from regional round</i>
Sunday 20 January 2013	Regional Grading	4 January 2013	
Sunday 3 March 2013	Regional Grading	8 February 2013	<i>Venue: Coppull Leisure Centre, PR7 5EJ</i>
Saturday 20 April 2013	Regional Grading	29 March 2013	
Saturday 25 May 2013	Regional Grading	3 May 2013	
Saturday 12 October 2013	Regional Grading	20 September 2013	
Sunday 13 October 2013	NW Closed	20 September 2013	
Saturday 30 November 2013	Schools NW Regional Competition	<i>Information available from the North West Regional Schools Competition Organiser</i>	

Photography

4. It is no longer necessary for people to register their intention to take photos and/or videos. However, please see the BG policy '*Conditions for Photography at Gymnastic Events*' in Appendix 1. Only designated photographers are allowed to take photographs or videos on the competition floor.

Jewellery and body piercing

5. Please see Appendix 2 for the '*British Gymnastics Policy on Body Piercing and Adornments*'. The policy applies to all participants and coaches in training and in events at home and abroad. Failure to comply with the policy will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance with this policy.

Membership

6. It is a requirement of entry into any NWGATTC competition that every member entered (coaches, judges and gymnasts) have paid their membership of British Gymnastics with the appropriate level of membership for both the level of competition and the skills being performed by the gymnasts. Coaches and judges must hold a valid DBS (Disclosure and Barring Service) Check (the replacement service for CRB check) from British Gymnastics, as well as have attended safeguarding training.

7. Furthermore, it is essential that coaches who are in control of the gymnasts in their team are qualified to the appropriate skill level of their gymnasts. The onus is on the coach to ensure that gymnasts under their control meet all of the necessary BG membership requirements outlined above. From time to time, NWGATTC and other third party agencies will check that these rules have been adhered to. Anyone found not to have complied with the membership and qualification rules mentioned above will be asked to leave the competition floor and the matter will be referred to the NWGATTC for further investigation.

Results

8. The results from all NWGATTC competitions will be distributed by email to all clubs who have registered with the NWGATTC mailing list. Results will also, where possible, be posted on the NWGATTC website at www.nwtrampolining.co.uk.

Schools competition

9. The schools competition is under the direction of the British Schools Gymnastic Association (BSGA). For the 2012-2013 competition season, the North West Region plays host to both the North West Regional round and Northern Zonal round, organised by the North West Regional Schools Competition Organiser and supported by the NWGATTC. Please refer to www.bsga.org for more details.

Further help

10. The answers to most questions can be found within this document but if you have any problems interpreting specific details or need any more information, please contact the undersigned.

11. Finally, I would like to wish you all success in the season ahead and look forward to seeing you at competitions.

Adam Horsfall

Regional Competitions Organiser

North West Gymnastics Association Trampoline Technical Committee

Email: competitions@nwtrampolining.co.uk

Web: www.nwtrampolining.co.uk

3. REGIONAL COMPETITION ENTRIES

Entries

1. Entries must be made via the online entries system, **TRAMPONLINE**. Clubs can access the system by visiting <http://www.tramponline.org/> on a computer connected to the internet. All trampolining clubs affiliated to the NWGA should register with this system – please contact the Regional Competitions Organiser with specific queries.
2. Performers may be upgraded between the closing date and the day of the competition (subject to having achieved the relevant qualification where required).
3. After the closing date, no competitor will be allowed to compete at a lower grade than that submitted on the club entry sheet. It is the responsibility of the team manager to ensure that competitors are entered into the correct grade. By signing the entry form the team manager accepts this responsibility.
4. Please note that the competition organisers are unpaid volunteers. Whilst the competition organiser is happy to answer any queries regarding a club's entry, the answer to most questions will be found in this handbook so please check first. Note: there are no 'office hours' and the organisers may not always be able to respond to a query immediately.

Entry fees

5. The entry fees for NWGATTC graded competitions in 2013 are as follows:
 - First discipline:** £12.50
 - Second discipline:** £7.50 (by the same individual within the same competition)
6. Payment may be made by cheque or bank transfer. For those using cheques, please make cheques payable to 'NWGATTC'. Please send ONE cheque to cover the entire entry (unless provisional entries have been agreed) and not individual cheques for each competitor.
7. For those wishing to use bank transfer, the money must be transferred on or before the closing date. If you wish to pay in this way, please use the NWGATTC account details found on the competition entry form using your club name as the reference. Those using this method of payment must indicate as such with their entry forms.
8. There will be no refunds after the closing date.

Sanctions

9. If any payments are not honoured by a bank before a competition takes place, cleared funds must be received at least 24 hours before the start of the event or the club will not be able to take part in the competition.
10. If any payments are not honoured by a bank after a competition, the club will have seven days notification to provide cleared funds.
11. If cleared funds are not provided within seven days, a financial penalty may be applied, and all scores and qualifications obtained at the relevant event will be null and void and all trophies/medals received from that event must be returned.
12. If trophies/medals are not returned within 30 days of notification the cost of replacement trophies will be invoiced to the club.
13. If cleared funds including penalty payments are not received within 14 days of notification, the club will be ineligible for the next competition.
14. The club will remain ineligible for all future competitions and all NWGATTC events until cleared funds for all outstanding fees, including penalty charges and any charges for trophies, are received.
15. Any club refusing to pay the outstanding entry fees will be reported to North West Gymnastics Association (NWGA) and British Gymnastics as defaulting payment.

Affiliation

16. Clubs and competitors must be affiliated to British Gymnastics and NWGA. Club affiliations and Bronze / Silver memberships are due on 1st October. Gold memberships are due on 1st January. Competitors must be affiliated with NWGA 1 month before competing at a competition. Only members of British Gymnastics are allowed on the competition floor.

Teams

17. A team consists of a minimum of 3 females or 3 males, and a maximum of 4 females or 4 males. Every member of the team may perform up to 1 compulsory and up to 1 voluntary routine.
18. Team members must be entering the same age group and the same grade of competition. Please note the BG ruling regarding team members wearing uniform dress (Rule no. 6.5 in the BG handbook).
19. Team members must be nominated on the entry form, with changes to teams permitted between competitors who are already entered. No new individuals may be

entered as part of a team after the closing deadline has passed. Changes to teams are not permitted after the competition has started.

Age groups

20. For the 2013 competition season there will be changes to the age groups, as follows:

21. TRI – Assessments G and F (minimum age 6 years old in the competition year)

<i>Age Group:</i>	Under 9	Under 11	Under 13	Under 15	Under 17	Under 19	Over 19
<i>Year of birth:</i>	07, 06, 05	04, 03	02, 01	00, 99	98, 97	96, 95	1994 or earlier

22. TRI – Assessment E (minimum age 6 years old in the competition year)

<i>Age Group:</i>	Under 11	Under 13	Under 15	Under 17	Under 19	Over 19
<i>Year of birth:</i>	07, 06, 05, 04, 03	02, 01	00, 99	98, 97	96, 95	1994 or earlier

23. TRI – Regional D (minimum age 9 years old in the competition year)

<i>Age Group:</i>	Under 13	Under 15	Under 17	Under 19	Over 19
<i>Year of birth:</i>	04, 03, 02, 01	00, 99	98, 97	96, 95	1994 or earlier

24. DMT – Assessment E (minimum age 6 years old in the competition year)

<i>Age Group:</i>	Under 13	Under 15	Under 19	Over 19
<i>Year of birth:</i>	07, 06, 05, 04, 03, 02, 01	00, 99	98, 97, 96, 95	1994 or earlier

25. DMT – Regional D (minimum age 9 years old in the competition year)

<i>Age Group:</i>	Under 13	Under 15	Under 19	Over 19
<i>Year of birth:</i>	04, 03, 02, 01	00, 99	98, 97, 96, 95	1994 or earlier

Substitutions

26. A substitution is only permitted if it is for the same age group, the same grade and from the same club as the original entry. The club manager must ensure that any person used as a substitute meets all entry requirements. Substitutions must be made before the first general warm up for that category.

4. REGIONAL COMPETITION PROCEDURES

Warm ups

1. For individual and synchronised trampolining there will be an allotted time for a general warm up. Competitors are expected to form an orderly queue for this. Competitors should warm up their set and voluntary routines within that time. There is no guarantee of a minimum number of warm ups.
2. A one touch warm up will be allowed before the first / set routine in programme order. There will be no warm up before the second / voluntary routine. There will be one further warm-up for final routines, and further general warm-up may be allotted if there is more than one flight in the preliminary round.
3. For DMT, there will be a general warm up of approximately 4 passes per competitor, followed by a specific warm up of two passes per competitor before competing. This will be repeated for those who are in the final.

Trampolines

4. Panels will be equipped with trampolines using 6x4mm webbing for Assessment E, F and G levels, and 4x4mm for Regional D level (where possible).

Rules

5. All rules for NWGATTC competitions will be taken from the current British Gymnastics Code of Points for Trampoline, DMT and Tumbling. Any local rule changes will be stipulated with the entry information for that competition.

Coach / performer qualification

6. On arrival at the competition, a suitably qualified coach known to the competitor must sign in for each club and hand in the club check in sheet. Check in is a busy time and organisers cannot deal with complex queries concerning entries at this time.
7. Coaches signing in competitors must be qualified in the relevant discipline (TRA/DMT). A competitor who is a qualified coach may not sign themselves in.
8. All competitors must be under the supervision of a suitably qualified coach who is a full member of British Gymnastics. Persons not designated as officials and non-BG members are not allowed on the competition floor. The competition floor is the area around the trampolines marked by the green banners.
9. Competitors are only allowed to perform, in warm up or competition, those moves that lie within the syllabus of the coach who has signed in as taking responsibility for that club and is in the competition arena with them. The competition arena is taken to mean

the judging area, the competition area or the audience section in the same hall. Should a separate warm-up hall be provided, performers may only use the equipment under the supervision of a suitably qualified coach.

10. Failure to have an adequately qualified coach present may mean competitors have to withdraw or change their voluntary routines and perform only those moves which lie within the qualification syllabus of the coach that is present.

11. Please note that none of a club's competitors will be allowed to warm up or compete unless an adequately qualified coach has signed in and is present in the competition arena. Competitors may not participate if their coach responsible leaves the competition arena – coaches must stay until their competitors have finished.

Difficulty cards

12. Difficulty cards must be submitted for every competitor where required (for grading events these are normally TRI Regional D level, DMT Assessment E and Regional D level). Details of those required to submit cards will be included in the entry information for each event if different from the above.

13. Difficulty cards should be fully completed in full English or FIG notation, including difficulty marks where appropriate. It is not the job of the difficulty judges to complete the card, their job is to confirm or change what is written as the routine is performed and display the difficulty score.

14. Anyone who does not submit a difficulty card when required to do so may not be able to compete, or may not receive a difficulty score as part of their routine. It is a requirement for a suitably qualified coach to sign difficulty cards. Competitors cannot sign their own difficulty card even if they are a qualified coach.

15. Required skills (where applicable) must be asterisked on the difficulty card or there will be a deduction of 1.0 from the relevant routine. Where the card should be marked with asterisks to indicate required elements in first routines, this must be done by the competitor or coach before the card is handed in. Likewise all elements that require a difficulty mark should have this written on the sheet before the card can be accepted.

Finals

16. Final rounds will be held for groups as detailed in each event's specific information and are for the top eight highest scoring competitors in each group preliminary round. Where there are less than eight competitors in a group all will compete in the final.

17. Final rounds will be calculated from zero except where stated, or if the preliminary round consisted of less than or equal to 8 competitors, where the final round will be cumulative. Finals are run at the discretion of the organising committee and may be omitted/cancelled if necessary due to time constraints.

Tie-break rule

18. All NWGATTC competitions will follow the British Gymnastics tie-break rules which can be viewed online at <http://www.nwtrampolining.co.uk/>.

Team managers

19. The team manager is responsible for the behaviour of his/her club members, coaches and parents. Any aggressive or abusive behaviour will not be tolerated from any member of a club, and may result in:

- The individual being dismissed from the event
- Withdrawal of all the associated clubs competitors for that competition, without financial reimbursement
- A ban on the individual from future NWGATTC events and / or a temporary suspension of club activities within the region
- A formal complaint submitted to NWGA and / or British Gymnastics, followed by a formal investigation

20. British Gymnastics Photographers may be present at British Gymnastics events and British Gymnastics may publish images. By entering for the event, there is acceptance that the child/participant may be photographed. The Club/Coach is advised that they should inform the entrant, parent or guardian.

"When submitting entries for a British Gymnastics event the onus is on the club, coaches and team manager to ensure that the coaches attending to the participants are qualified to the Assessment of the participants' performance".

21. It is the responsibility of all individuals who attend NWGATTC competitions to ensure their belongings are kept safe at all times at the competition venue. The NWGATTC will not accept any responsibility for loss or damage to property or persons. Team Managers are to ensure that all attendees are aware of this and to instruct their members accordingly.

Complaints procedure

22. If you have a complaint about any aspect of a competition it must be raised, in writing, through your club secretary as the Competitions Sub-Committee will not respond to complaints from gymnasts, coaches or parents. Please send the complaint to the Sub-Committee care of the Regional Competition Organiser. Complaints will be acknowledged within fourteen days of receipt.

5. REGIONAL COMPETITION RULES

Competition attire for competitors

1. In all competitions the wearing of jewellery or watches is not permitted during the competition. Rings without gemstones may be worn if they are taped. Body piercings that cannot be removed must be taped. Bandages or support pieces must not be in colours and must be of a skin colour or white if they are around the ankles to match the foot covering.

2. TRI – Regional D, Assessment E, Assessment F, Assessment G:

- Females:*
- Leotard or unitard with or without sleeves (must be skin tight).
 - Long tights may be worn (must be skin tight and be the same colour as the leotard).
 - Optional for grades E and below: skin tight gym shorts in a colour and style matching the leotard.
 - In all cases above, white trampoline shoes and/or plain white foot covering must be worn.
 - Any other 'dress' which is not skin tight is not allowed.
 - For reasons of safety, covering the face or head is not allowed.
- Males:*
- Sleeveless leotard or short sleeved singlet.
 - Gym trousers in a single colour, except black or any other deep dark colour. Gym shorts may be worn for trampolining.
 - Trampoline shoes and/or foot covering of the same colour as the gym trousers or white.
- Teams:*
- Team members must wear matching clothing as above. NB: This includes sleeve length.

3. DMT – Regional D, Assessment E:

- Females:*
- Leotard or unitard with or without sleeves (must be skin tight).
 - Long tights may be worn (must be skin tight and be the same colour as the leotard).
 - Optional: skin tight gym shorts in a colour and style matching the leotard.
 - In all cases above, plain white DMT shoes and/or plain white foot covering must be worn.
 - Any other 'dress' which is not skin tight is not allowed
 - For reasons of safety, covering the face or head is not allowed
- Males:*
- Sleeveless leotard or short sleeved leotard.
 - Gym shorts.
 - Plain white DMT shoes and/or plain white foot covering.
- Teams:*
- Team members must wear matching clothing as above. NB: This includes sleeve length.

Assessment levels promotion

4. Promotion from Assessment G to Assessment E and Assessment F to Regional D (leapfrogging) is also possible by gaining an enhanced qualification score. The leapfrog offer is withdrawn if a performer competes again at the same level (G or F) and it is replaced by a standard qualification to move up 1 Level.

5. Once a performer has achieved a standard qualification, it can be retained indefinitely. Performers do not have to move up until they are ready and confident of performing the skills of the higher levels. Anyone gaining a 'leapfrog' score may opt to move up two levels at their next competition but they can also opt to move up just 1 level or even stay where they are.

6. There is no rolling relegation from Regional D and below.

Promotion offer at Regional D (TRI)

7. General: All promotion offers will be awarded on the results at the end of the first two routines. A performer must complete both of the first two routines in order to receive a promotion offer.

8. Promotion offers are only valid for the performer's next competition. If a performer competes again at the same level the promotion offer is rescinded.

9. From Regional D to FIG A there is a rolling promotion / relegation system. A promotion offer will be issued to anyone at Regional D who achieves either the percentage score and finishes in the top 20% of the group, or who gains an automatic promotion score.

10. If a performer competes again at the same level the promotion offer is withdrawn.

Promotion offer at Regional D (DMT)

11. The promotion and relegation will follow the same as outlined for Regional D individual trampoline above.

12. The promotion and relegation system will be based on the competitor's overall position after the second pass in a competition.

Arm set

13. TRI Assessments G-E require an arm set for the first routine only. An arm set is defined as 'any action that causes the arms to be above the shoulders at maximum depression prior to the start of the routine'.

14. The Chair of the Judging Panel (CoJP) will be responsible for determining whether the arm set was performed. Failure to perform the arm set will result in a deduction of 0.1 from each execution judge.

Qualification scores

15. Individual Trampoline

Qualification	Automatic Offer	Score plus % offer
Assessment G to Assessment F	45.0	-
Assessment G to Assessment E (Leapfrog)	48.5	-
Assessment F to Assessment E	47.5	-
Assessment F to Regional D (Leapfrog)	50.5	-
Assessment E to Regional D	49.5	-
Regional D to National C	51.0	49.0 PLUS top 20%

16. Double Mini Trampoline

Qualification	Automatic Offer	Score plus % offer
Assessment E to Regional D	<i>No requirement - Regional D is the first compulsory starting level</i>	
Regional D to National C	58.0	56.0 PLUS top 20%

6. JUDGES AND OFFICIALS

Judging provision

1. Please note that the requirements for supplying officials for NWGATTC competitions differ from national requirements.
2. The NWGATTC requires any club entering these competitions to provide officials for the full duration of the event. The minimum requirements are stated on each entry form. Clubs may offer extra officials if desired. All judges qualified before the end of 2005 must have attended a revalidation course or they will not be accepted.
3. The requirement for officials for DMT and synchronised trampolining differs from individual. Please see the relevant entry forms for details. Judges offered for DMT should be qualified in that discipline.
4. All nominated officials must be members of British Gymnastics. Membership numbers must be quoted.
5. Nominated officials should not be registered as competitors, as it is difficult to schedule the timetable to accommodate these people. Any competitors who would like to officiate whilst they are not competing should be nominated as extra officials and they will be used if possible. Alternatively, they may replace one of their club's chosen judges for half a day (with the approval of the Judging Secretary).
6. New clubs without suitably qualified officials will be allowed to enter 2 events without supplying qualified officials at the discretion of the committee. It is the club's responsibility to source suitable judge courses, which can be found at www.british-gymnastics.org. The NWGATTC cannot guarantee to have a suitable course at any given time so candidates may need to look outside the region for courses. New clubs must, however, supply the correct number of unqualified people to match their entry as above.
7. In the case of an official not showing on the day without justification or a replacement of equal and approved calibre being offered, the club will be required to pay for a replacement for each missing official. No further entries would be accepted from that club until the surcharge has been paid. The committee reserves the right to withdraw any club from the competition that does not supply their nominated official(s) on the day.
8. Unqualified officials can be expected to be used as competition marshals, manual recorders or lunch assistants but please note that all officials may be used in any capacity and must appear correctly dressed. If an unqualified official is selected, it is the team manager's responsibility to ensure that the person is competent of performing the required duty. On the spot training at competitions is not an option. Failure to provide competent officials / judges will be viewed as failure to meet the competition requirements for officials / judges.

9. Competitors listed after an empty 'official's name' box on the entry form will not be accepted. It is not acceptable for clubs to write 'A N Other' or other similar wording for an official. Please supply a name for each official that your club is required to nominate so that they can be used in an appropriate capacity.

10. Clubs are notified of selected officials with their competition information. It is the responsibility of the club manager to relay this information to their selected officials.

11. Reserve officials are expected to be at the competition, in the appropriate uniform, and report for duty at the required time. If the reserves are not required at the start of the event, they must be available to be called upon at any time during the competition day.

12. To assist those who wish to gain experience at judging, clubs may request for any qualified judge to sit alongside a panel as a shadow judge (subject to availability of space). The shadow judge would be required to judge all routines and complete the judge attendance record sheet. The NWGATTC would recognise this as a valid competition for those wishing to progress to the next judging qualification. A shadow judge's marks would be used in the case of a judge being absent from the panel.

Competition attire for judges and officials

13. All judges, recorders and computer operators should wear BG uniform as below:

Men: Navy or dark coloured suit jacket / blazer / jumper, navy or dark coloured trousers (not track suit/jogging bottoms), white shirt (not T-shirt), black shoes suitable for a gymnasium floor. Judges are encouraged to wear a BG, NWGA, or dark, single colour tie to present the professional image that NWGA show at competitions.

Ladies: Navy or dark coloured blazer and/or jumper, navy or dark coloured skirt or trousers (not track suit/jogging bottoms), white blouse, black shoes suitable for a gymnasium floor.

14. If it is cold in the centre and you need to wear a coat or warm jacket, please try to ensure it is a dark colour.

15. Marshals, warm-up marshals and spotters should wear track suit or similar and trainers.

Duties of judges

16. The duties of execution judges, difficulty judges and Chairs of Judging Panels are detailed in the current British Gymnastics Code of Points and the FIG Code of Points. Where differences occur between these two manuals, the BG CoP will be followed.

Duties of competition marshals

17. There are two types of competition marshals to be used at NWGATTC events; Panel Marshals and Corral Marshals.

18. Panel Marshals are to attend to the area surrounding the trampolines and organise the competitors there. Corral Marshals are to attend to the waiting area identified by the green barriers associated with the panel.

19. During the general warm-up:

Panel Marshal

- Monitor the general warm-up to ensure that all competitors receive an equal amount of time.
- Identify any competitors who are not present and any withdrawals.
- Inform the CoJP for any withdrawals or absences from that flight.

Corral Marshal

- Ensure that the panel is kept clean and free from personal belongings – these should be left inside the panel corral.
- Assist the Panel Marshal to identify any competitors who are not present and any withdrawals.

20. During the competition:

Panel Marshal

- Organise the competitors into the correct sequence.
- Ensure that there are an adequate number of spotters for the competitors.
- Ensure that any coaches stay within the corral unless their competitor is performing.

Corral Marshal

- Organise the competitors to sit in the order in which they will compete.
- In small groups of approximately five competitors, send these to the panel to prepare to compete.
- Ensure that any coaches stay within the corral unless their competitor is performing.

21. After the competition both marshals should return their clipboard and paperwork to the CoJP, and report any notable incidents or events for the CoJP to record.

Duties of competition recorders

22. There are two types of recorders to be used at NWGATTC events; Manual Recorders and Computer Recorders.

23. Manual recorders are responsible for recording scores onto paper recording sheets and for operating the video camera. Computer recorders are responsible for recording scores onto the computer system, as well as any necessary printing required by the panel.

24. During the general warm-up:

Manual Recorder

- Test the camera to ensure it switches on, records, and plays back recordings.
- Liaise with the CoJP and Panel Marshal to ensure that any competitors are marked as withdrawn on the manual recorder sheets as appropriate.

Computer Recorder

- Print out the manual recorder sheets for the next flight that is currently warming up.
- Liaise with the CoJP / Marshals to remove any competitors from the system who are withdrawn.

25. During the competition:

Manual Recorder

- Start recording each competitor after the CoJP has given a starting signal.
- Stop recording after the competitor has dismounted from the trampoline.
- If requested by the Difficulty Judges, operate the camera to play back a routine.
- Whilst the judges' scores are being displayed, listen to the CoJP and record these on the manual recorder sheets.

Computer Recorder

- Whilst the judges' scores are being displayed, listen to the CoJP and type them into the computer using the keypad provided without a decimal point (e.g. 7.0 becomes 70; 0.7 becomes 07).
- Whilst the next competitor is performing, check that the computer system has the same scores as written on the manual recorder sheets.

26. After the competition:

Manual Recorder

- Double check the calculation of all difficulty scores with the Difficulty Judges.
- Identify the top three individuals and manually calculate their total score to check accuracy.
- Notify the competition organiser if there are any Tie-Breaks so that the BG Tie-Break Rule can be correctly applied.

Computer Recorder

- Print out three copies of a) the Preliminary Round Individual Results and b) the Preliminary Round Team Results; one of each to be signed by the CoJP, and all returned to the Competition Organiser.
- If finals are being performed, print out four copies of the start list for the top 8 competitors in reverse order (lowest to highest), to be given to the CoJP, Difficulty Judges, and marshals.

7. TRI SET ROUTINES / COMPULSORY REQUIREMENTS

<p style="text-align: center;">TRI - Assessment G</p> <p>Choose one of these two set routines:</p> <table style="width: 100%; border: none;"> <tr> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Arm set 1. Back SS (T) 2. Jump (straddled) 3. ½ twist to seat 4. ½ twist to feet 5. ½ twist 6. Jump (piked) 7. Full twist 8. Jump (tucked) 9. ¾ front SS (SL) 10. To feet </td> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Arm set 1. ½ twist to front 2. To feet 3. Jump (straddled) 4. Full twist 5. Jump (piked) 6. Back landing 7. ½ twist to feet 8. Jump (tucked) 9. ½ twist 10. Front SS (T) </td> </tr> </table> <p>DD: 1.4 DD: 1.4</p> <p>The voluntary routine must have a difficulty of no less than 1.4 and may include:</p> <ol style="list-style-type: none"> 1. A maximum of two body landings 2. A maximum of three elements between 270° & 450° of somersault rotation <p>No difficulty will be awarded</p>	<ul style="list-style-type: none"> • Arm set 1. Back SS (T) 2. Jump (straddled) 3. ½ twist to seat 4. ½ twist to feet 5. ½ twist 6. Jump (piked) 7. Full twist 8. Jump (tucked) 9. ¾ front SS (SL) 10. To feet 	<ul style="list-style-type: none"> • Arm set 1. ½ twist to front 2. To feet 3. Jump (straddled) 4. Full twist 5. Jump (piked) 6. Back landing 7. ½ twist to feet 8. Jump (tucked) 9. ½ twist 10. Front SS (T) 	<p style="text-align: center;">TRI - Assessment F</p> <p>Choose one to these two set routines:</p> <table style="width: 100%; border: none;"> <tr> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Arm Set 1. Back SS (T) 2. Seat landing 3. ½ twist to feet 4. Jump (tucked) 5. Barani (T) 6. Jump (straddled) 7. Front landing 8. To feet 9. Jump (tucked) 10. Front SS (T) </td> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Arm set 1. Barani (T) 2. ½ twist 3. Jump (straddled) 4. Back SS (T) 5. Full twist 6. Jump (tucked) 7. Back landing 8. ½ twist to feet 9. Jump (piked) 10. Back SS (P) </td> </tr> </table> <p>DD: 1.9 DD: 2.3</p> <p>The voluntary routine may include:</p> <ol style="list-style-type: none"> 1. A maximum of five elements between 270° & 450° of somersault rotation <p>Difficulty will be added</p>	<ul style="list-style-type: none"> • Arm Set 1. Back SS (T) 2. Seat landing 3. ½ twist to feet 4. Jump (tucked) 5. Barani (T) 6. Jump (straddled) 7. Front landing 8. To feet 9. Jump (tucked) 10. Front SS (T) 	<ul style="list-style-type: none"> • Arm set 1. Barani (T) 2. ½ twist 3. Jump (straddled) 4. Back SS (T) 5. Full twist 6. Jump (tucked) 7. Back landing 8. ½ twist to feet 9. Jump (piked) 10. Back SS (P)
<ul style="list-style-type: none"> • Arm set 1. Back SS (T) 2. Jump (straddled) 3. ½ twist to seat 4. ½ twist to feet 5. ½ twist 6. Jump (piked) 7. Full twist 8. Jump (tucked) 9. ¾ front SS (SL) 10. To feet 	<ul style="list-style-type: none"> • Arm set 1. ½ twist to front 2. To feet 3. Jump (straddled) 4. Full twist 5. Jump (piked) 6. Back landing 7. ½ twist to feet 8. Jump (tucked) 9. ½ twist 10. Front SS (T) 				
<ul style="list-style-type: none"> • Arm Set 1. Back SS (T) 2. Seat landing 3. ½ twist to feet 4. Jump (tucked) 5. Barani (T) 6. Jump (straddled) 7. Front landing 8. To feet 9. Jump (tucked) 10. Front SS (T) 	<ul style="list-style-type: none"> • Arm set 1. Barani (T) 2. ½ twist 3. Jump (straddled) 4. Back SS (T) 5. Full twist 6. Jump (tucked) 7. Back landing 8. ½ twist to feet 9. Jump (piked) 10. Back SS (P) 				
<p style="text-align: center;">TRI - Assessment E</p> <p>Choose one of these two set routines:</p> <table style="width: 100%; border: none;"> <tr> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Arm set 1. Back SS (S) 2. Jump (straddled) 3. Full twist 4. Jump (tucked) 5. Back SS (T) 6. Back SS to seat (T) 7. ½ twist to feet 8. ½ twist 9. Jump (piked) 10. Barani (SL) </td> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Arm set 1. Barani (P) 2. Jump (straddled) 3. Back SS (T) 4. Barani (T) 5. ½ twist 6. Jump (tucked) 7. 1½ twist 8. Jump (piked) 9. ¾ front SS (S) 10. To feet </td> </tr> </table> <p>DD: 2.6 DD: 2.5</p> <p>The voluntary routine may include a maximum of seven somersaults between 270° & 450° of somersault rotation Difficulty will be added.</p>	<ul style="list-style-type: none"> • Arm set 1. Back SS (S) 2. Jump (straddled) 3. Full twist 4. Jump (tucked) 5. Back SS (T) 6. Back SS to seat (T) 7. ½ twist to feet 8. ½ twist 9. Jump (piked) 10. Barani (SL) 	<ul style="list-style-type: none"> • Arm set 1. Barani (P) 2. Jump (straddled) 3. Back SS (T) 4. Barani (T) 5. ½ twist 6. Jump (tucked) 7. 1½ twist 8. Jump (piked) 9. ¾ front SS (S) 10. To feet 	<p style="text-align: center;">TRI - Regional D</p> <p>Compulsory routine to include:</p> <p>10 different elements with at least seven somersaults of at least 270° somersault rotation to include one of the following three elements:</p> <ul style="list-style-type: none"> • One move of at least 270° of somersault rotation landing on front or back, followed by an element of at least 450° somersault rotation OR • A back somersault with 360° somersault rotation and a full twist OR • A front somersault with 360° somersault rotation and 1½ twists <p>Please asterisk this one element or combination.</p> <p>The voluntary routine is subject to a 6.5 difficulty limit.</p>		
<ul style="list-style-type: none"> • Arm set 1. Back SS (S) 2. Jump (straddled) 3. Full twist 4. Jump (tucked) 5. Back SS (T) 6. Back SS to seat (T) 7. ½ twist to feet 8. ½ twist 9. Jump (piked) 10. Barani (SL) 	<ul style="list-style-type: none"> • Arm set 1. Barani (P) 2. Jump (straddled) 3. Back SS (T) 4. Barani (T) 5. ½ twist 6. Jump (tucked) 7. 1½ twist 8. Jump (piked) 9. ¾ front SS (S) 10. To feet 				

TRI – National C

Compulsory routine to include:

Ten different elements with at least nine somersaults of at least 270° somersault rotation to include:

1. At least one somersault of least 270° somersault rotation landing on front or back, followed by a move of at least 450° somersault rotation.
2. And one of the following:
 - a back somersault with 360° somersault rotation and a full twist or
 - a front somersault with 360° somersault rotation and 1½ twists or
 - a double somersault.

Please asterisk the combination which fulfils item 1 and the element which fulfils item 2.

The voluntary routine is subject to a 9.0 difficulty limit.

FIG B

Compulsory routine to include:

Ten different elements, with only one element allowed with less than 270° somersault rotation.

These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. one element to front or back, followed by a move of at least 450° somersault rotation and
2. one double front or back somersault with or without twist and
3. one element with a minimum of 540° twist.

Please asterisk the combination which fulfils item 1 and the elements which fulfil items 2 and 3.

The voluntary routine has no restrictions.

FIG A and FIG 19+

Compulsory routine to include:

Ten different elements, each with a minimum of 270° somersault rotation.

Two elements, marked with an asterisk (*) on the competition card, will have difficulty ratings. The difficulty will be added to the execution score to give the total score for the first routine.

None of these two elements may be repeated in the voluntary.

The voluntary has no restrictions but if either of the two asterisked moves from the compulsory are repeated in the second (voluntary) routine they will not be awarded difficulty in that routine.

8. DMT PASS REQUIREMENTS

<p>Assessment E (Voluntary / Introductory level)</p> <ul style="list-style-type: none"> • Each pass must contain a skill with a minimum of 360° of somersault rotation. • Maximum difficulty capped at 1.5.
<p>Regional D</p> <ul style="list-style-type: none"> • Each skill must contain a minimum of 360° of somersault rotation. • The preliminary round must contain a forward rotating skill with a minimum of 360° of somersault rotation and a minimum of 180° twisting rotation in either the mount or spotter position. • Maximum difficulty capped at 2.4.
<p>National C</p> <ul style="list-style-type: none"> • Each skill must contain a minimum of 360° of somersault rotation. • Each pass must contain a skill with either 720° of somersault rotation or 360° of twisting rotation. • The preliminary round must contain a forward rotating skill with a minimum of 360° of somersault rotation and a minimum of 180° twisting rotation in either the mount or spotter position. • Maximum difficulty capped at 3.5.
<p>FIG B</p> <ul style="list-style-type: none"> • Each skill must contain a minimum of 360° of somersault rotation. • Each pass must contain a skill with a minimum of 720° of somersault rotation or a minimum of 540° of twisting rotation.
<p>FIG A</p> <ul style="list-style-type: none"> • Each skill must contain a minimum of 360° of somersault rotation. • Each pass must contain at least one skill of 720° of somersault rotation. • Each round must contain a pass with at least two skills containing of 720° of somersault rotation.

**BRITISH GYMNASTICS CONDITIONS FOR PHOTOGRAPHY AT GYMNASTIC EVENTS
BY PERSONS OTHER THAN BG ACCREDITED MEDIA AND COMMERCIAL PHOTOGRAPHERS**

In the interests of protecting the welfare of children participating in gymnastics, photography (of any kind using any form of equipment) at any Gymnastic competition, display or other event run by British Gymnastics or by organisations registered with or affiliated to British Gymnastics is permitted only on the following conditions. The child protection concerns which give rise to a need for regulation on this subject are discussed within the British Gymnastics Child Protection Policy.

It is a condition of entry to the venue at which the event is being held that you agree to these conditions. If you are unwilling or unable to agree and comply with these conditions you should not bring any form of camera into the venue at which the event is being held or make any use of any photographic equipment while in any part of the venue.

1. Photography includes any form of recording a visual image – still or moving regardless of the type of equipment used and includes the use of video, mobile phones, web-cams or digital imaging. Photo and image mean any form of visual image however recorded.
2. The Competition Organiser may at any time in his or her absolute discretion, direct that photos shall not be taken – either generally or by any particular person, at any particular time, of any particular kind, from or of any particular part of the venue, of any particular subject or using any particular equipment.
3. The Competition Organiser may require any person taking photos, or who he believes has been taking photos, to provide their full name and address and to provide evidence of their identity and address.
4. The Competition Organiser may at any time either during or after the event
 - a. require any person to allow and enable the Competition Organiser to view any images recorded; and
 - b. direct that any image which has been recorded shall be permanently deleted.
5. Where images cannot be viewed or deleted (due to being recorded on traditional film or for other reasons including a refusal to permit the images to be viewed or deleted) the Competition Organiser may require that the media or equipment on which the images have been recorded shall be given to the Competition Organiser. Media or Equipment taken by the Competition Organiser in these circumstances may be retained by the Competition Organiser after the event for a period of up to one week to allow the images to be examined and deleted. The cost of collection of the equipment from the Competition Organiser is the responsibility of the person from whom the equipment or media was taken.
6. Images shall only be taken and used in accordance with the British Gymnastics policies on the “Use of Photographs or Recorded Images”, “Use of Video, Film or Photography at Events” and “Use of Video as an aid to Coaching” contained in paragraphs 3.4 to 3.6 of the British Gymnastics’ Child Protection Policy as revised in May 2008.
7. Images recorded shall be used only for personal purposes and shall not be used, distributed or copied for any commercial purposes other than inclusion, with the permission of the gymnast, on websites or literature of BG registered clubs
8. Flash or any other form of supplementary lighting shall not be used at any time while gymnasts are warming up or competing. Photographers are responsible for ensuring that any automatic flash is disabled each time their equipment is turned on. If a flash facility cannot be disabled the equipment must not be used.
9. Where the Competition Organiser believes that a person taking or assisting in the taking of photos is in breach of these conditions he or she may require that person to leave the venue.
10. References in these conditions to the Competition Organiser are to the person appointed to perform this role by the organisation arranging the event and include any person acting under his or her authority. If no one has been expressly identified as such, references to the Competition Organiser are to the person at the venue controlling or coordinating the running of the event on the day.

BRITISH GYMNASTICS POLICY ON BODY PIERCING AND ADORNMENTS

British Gymnastics believes that jewellery and adornments worn in body piercing are inappropriate for safe practice in gymnastics and trampolining. This policy applies to all participants and coaches in training and in events at home and abroad.

Participants

A person participating with body adornments or jewellery **MUST** inform the coach and also remove the relevant items to reduce the risk of injury to the participant, the coach and others.

Coaches

All jewellery must be removed whilst a coach is carrying out a spotting or gymnast supporting role. However, if the coach is evaluating performance or giving instruction only; (by this we mean coaching whilst not in direct physical contact with the gymnast or gymnastic equipment), jewellery may be worn.

Exceptions to the above policy may be applicable in special circumstances which are outlined below:

Jewellery that cannot be removed:

It is acknowledged that in some circumstances it may be impossible to remove a ring and/or dermal piercings. Should this be the case, the ring must be sufficiently covered with protective tape, and the piercings covered sufficiently in order to eliminate any risk. (For the avoidance of doubt any jewellery which can be removed, should be removed. This includes any jewellery in new piercings.)

Religious and Medical jewellery:

With regards to the wearing of jewellery; sensitivity to religious beliefs and medical requirements/reasons should be afforded, but safety is paramount and any jewellery that is considered by the coach to be a safety hazard should be changed or participation may be prohibited. Any concessions on religious or medical jewellery must be within the bounds of reasonable safety. The element of risk should be explained to the coach/participant (parent or guardian) and every attempt to control the risk should be adopted. Examples include the following:

Diabetes Bracelet - can be worn, but whilst participation is taking place a sweatband or similar must cover the item in order to eliminate any risk. The coach in charge must also be advised that a participant is wearing the bracelet for medical emergency reasons.

Sikh Kara - Bracelet worn in the Sikh religion; can be worn, but whilst participation is taking place a sweatband or similar must cover the item; in order to eliminate any risk.

Religious Necklaces - Examples are; the Crucifix necklace for Christians or the Mangalsutra necklace as a symbol of marriage for Hindu women. On safety grounds, no participant should be permitted to participate whilst wearing necklaces, be they religious or other.

NB: if a sweatband is used to cover up an item of jewellery when doing vigorous activity, the sweatband should be taped in place to minimise the risk of the sweatband slipping and exposing the item of jewellery.

In all instances above; it is the responsibility of the coach in charge of the session to ensure a sufficient risk assessment has been carried out. If the coach identifies a significant risk to the participant, coach or others, which cannot be controlled satisfactorily, then within the bounds of reasonable safety, the coach **MUST** prohibit participation. Legitimate health and safety concerns which contra-indicate participation, will supersede any other considerations, be they religious, medical or other.

Failure to conform will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance.